

1.The use of cookies

<https://healthywisedream.com/> uses cookies. A cookie is a simple small file that is sent along with pages from this website and / or Flash applications and is stored by your browser on the hard drive of your computer, mobile phone, smartwatch or tablet. The information stored therein can be sent back to our servers on a subsequent visit.

The use of cookies is of great importance for the proper running of our website, but also cookies of which you do not immediately see the effect are very important. Thanks to the (anonymous) input from visitors, we can improve the use of the website and make it more user-friendly.

2.Consent to the use of cookies

Your permission is required for the use of certain cookies. We do this by means of a so-called cookie banner.

3.The type of cookies used and their objectives

We use the following types of cookies:

– Functional cookies: with this we can make the website function better and it is more user-friendly for the visitor. For example: we store your login details or what you have put in your shopping cart.

– Anonymous analytical cookies: these ensure that an anonymous cookie is generated every time you visit a website. These cookies know whether you have visited the site before or not. A cookie is only created on the first visit, on subsequent visits the existing cookie is used. This cookie is only for statistical purposes. For example, the following data can be collected:

The number of unique visitors

How often users visit the site

Which pages users view

How long users view a particular page

At which page visitors leave the site

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Which pages you have viewed

How long you stayed on a particular page

At which page you left the site

- Own tracking cookies: this allows us to find out that in addition to our website you have also been to the relevant other website (s) from our network. The profile built up as a result is not linked to your name, address, e-mail address and the like, but only serves to match advertisements to your profile, so that they are as relevant to you as possible. We ask your permission for these cookies. These cookies are therefore not placed without your permission.
- Social media related cookies: with this social media such as Facebook and LinkedIn register which articles and pages you share via their social media sharing buttons. They may also contain tracking cookies that track your web browsing behavior.
- Site improvement cookies: this allows us to test different versions of a web page to see which page is best visited.

4. Your rights with regard to your data

You have the right to inspect, rectify, limit and delete personal data. You also have the right to object to the processing of personal data and the right to data portability. You can exercise these rights by sending us an email at jocelyn30@healthywisedream.com To prevent abuse, we can ask you to identify yourself adequately. When it comes to access to personal data linked to a cookie, we ask you to send a copy of the cookie in question. You can find this in the settings of your browser.

5. Block and delete cookies

You can easily block and delete cookies yourself at any time via your internet browser. You can also set your internet browser so that you receive a message when a cookie is placed. You can also indicate that certain cookies may not be placed. View the help function of your browser for this option. If you delete the cookies in your browser, this may have consequences for the pleasant use of this website.

Some tracking cookies are placed by third parties who, among other things, show you advertisements via our website. You can delete these cookies centrally via www.youronlinechoices.eu.

Please be aware that if you do not want cookies, we can no longer guarantee that our Website will work properly. Some functions of the site may be lost or you may not be able to visit the website at all. In addition, refusing cookies does not mean that you will no longer see advertisements at all. The advertisements are then no longer tailored to your interests and can therefore be repeated more often.

How you can adjust your settings differs per browser. If necessary, consult the help function of your browser, or click on one of the icons below to go directly to the manual of your browser.

Firefox: <https://support.mozilla.org/nl/kb/cookies-verwijderen-data-wissen-websites-stored>

Google Chrome:

<https://support.google.com/chrome/answer/95647?co=GENIE.Platform=Desktop&hl=en>

Internet Explorer: <https://support.microsoft.com/en-gb/kb/278835>

Safari: https://support.apple.com/kb/ph21411?locale=en_NL

6. New developments and unforeseen cookies

The texts of our website can be adjusted at any time due to continuous developments. This also applies to our cookie statement. Please read this statement regularly to stay informed of any changes.

In blog articles, use can be made of content that is hosted on other sites and made accessible on <https://balanceinbodyandmindcom/> by means of certain codes (embedded content). Think of YouTube videos, for example. These codes often use cookies. However, we have no control over what these third parties do with their cookies.

It is also possible that cookies are placed via our websites by others, of which we ourselves are not always aware. Do you encounter unforeseen cookies on our website that you cannot find in our overview? Let us know via jocelyn30@healthywisedream.com You can also contact the third party directly and ask which cookies they placed, what the reason is, what the lifespan of the cookie is and how they guarantee your privacy. to have.

7. Concluding Remarks

We will have to adjust these statements from time to time, for example when we adjust our website or change the rules surrounding cookies. You can consult this webpage for the latest version.

If you have any questions and / or comments, please contact jocelyn30@healthywisedream.com

01 March 2021